



MANGROVE

Spa & Wellness

by Samanea Beach Resort & Spa – Kep, Cambodia

Sustainable. Natural. Locally Sourced.
Using Kambio Nature & Beauty Products

Welcome to Mangrove Spa & Wellness

Tucked beside Kep's protected mangrove forest and lush tropical gardens, **Mangrove Spa & Wellness by Samanea** invites you on a tranquil journey of relaxation and natural renewal.

Our skilled and caring therapists combine ancient Cambodian traditions and modern wellness techniques to bring you authentic and customized treatments.

All our spa rituals use **Kambio Nature products** – Cambodia's leading provider of sustainable, natural, and locally crafted botanical solutions. Formulated by French experts and made in Cambodia, these oils, creams, and herbal blends nourish the skin and soothe the senses with the finest ingredients sourced from nature.

Your Spa Experience Includes

- A refreshing welcome drink & cold towel upon arrival
- Use of 100% natural spa products by Kambio Nature
- Post-treatment tea service:
 - Energizing hot tea in the morning
 - Calming herbal tea in the evening
- Time to relax on our breezy terrace overlooking the mangrove

Notes:

- Please arrive 10 minutes before your scheduled time to complete the intake form and enjoy your welcome drink.
- Late arrivals may result in a shortened treatment to respect the next guest's schedule.

Cancellations:

- More than 24 hours in advance: Free of charge
- 24 to 2 hours before appointment: 50% fee
- Less than 2 hours or no-show: 100% fee

Traditional Massages

Traditional Khmer Massage

60 min – \$36 | 90 min – \$48

An ancient healing method using pressure points and assisted stretching to ease muscular tension and increase flexibility.

Product Used: None

Reflexology Foot Massage

60 min – \$34

Focused foot massage using a rich balm to improve blood flow and refresh tired feet.

Product Used: Soothing Shea Butter with Lemongrass & Mint

Ingredients: Shea butter, lemongrass, mint

Aromatherapy Massage

60 min – \$42 | 90 min – \$56

Base Oil: 50% Coconut Oil / 50% Rice Bran Oil

A soft, full-body massage using natural essential oil blends for deep relaxation and mental clarity.

Choose your scent blend:

- **Khmer Garden** – Lemongrass, lavender, lemon
- **King Bliss** – Lavender, sandalwood, rosemary
- **Pure Love** – Lemon, ylang-ylang, bergamot, frangipani, kaffir lime

Slimming Massage

60 min – \$59 | 90 min – \$78

Base Oil: 50% Coconut Oil / 50% Rice Bran Oil

A strong, targeted massage to boost circulation, reduce water retention, and firm the skin. Ideal for detox or shaping.

Product Used: Slimming Boost

Ingredients: Black pepper, grapefruit, lemongrass, eucalyptus

Herbal Compress Massage

60 min – \$44 | 90 min – \$59

Base Oil: 50% Coconut Oil / 50% Rice Bran Oil

Warm compresses with ginger, lemongrass, and kaffir lime are applied to relax the muscles, followed by a full oil massage

Product Used: Khmer Garden

Ingredients: Lemongrass, lavender, lemon

Upper Body Massage

60 min – \$42

Base Oil: 50% Coconut Oil / 50% Rice Bran Oil

A focused massage for the head, neck, back, and shoulders – perfect for relieving stress and mental fatigue.

Choose your scent blend:

- **Khmer Garden** – Lemongrass, lavender, lemon
- **King Bliss** – Lavender, sandalwood, rosemary
- **Pure Love** – Lemon, ylang-ylang, bergamot, frangipani, kaffir lime

Four Hand Massage

60 min – \$78

Base Oil: 50% Coconut Oil / 50% Rice Bran Oil

Two therapists work together in perfect rhythm for a deeply immersive and relaxing experience.

Choose your scent blend:

- **Khmer Garden** – Lemongrass, lavender, lemon
- **King Bliss** – Lavender, sandalwood, rosemary
- **Pure Love** – Lemon, ylang-ylang, bergamot, frangipani, kaffir lime

Body Treatments

Ginger & Honey Body Scrub

60 min – \$52

A warming, exfoliating scrub to soften and brighten your skin.

Product Used: Ginger & Honey Scrub → Spa Moringa Lotion

Ingredients: Palm sugar base, Ginger, lemon, honey, moringa

Anti-inflammatory Scrub

60 min – \$52

A gentle scrub made with traditional herbs to calm sensitive or sun-stressed skin.

Product Used: Anti-inflammatory Scrub → Spa Moringa Lotion

Ingredients: Shea butter base, Bunlai (Cambodian root), moringa

Aloe Vera & Cucumber Wrap

60 min – \$52

A cool, hydrating wrap to soothe and refresh dry or sun-exposed skin.

Product Used: Aloe Vera & Cucumber Wrap → Spa Moringa Lotion

Ingredients: Aloe vera, cucumber, moringa

Moringa & Lotus Wrap

60 min – \$52

This nourishing body wrap helps soften and firm the skin with rich plant nutrients.

Product Used: Moringa & Lotus Wrap → Spa Moringa Lotion

Ingredients: Moringa, lotus

Facial Treatments

Moringa & Honey Radiance Facial

60 min – \$64

A deep-cleansing and moisturizing facial to restore your skin's natural glow.

Steps:

- Tonic Water Rose
- Milk Cleanser Honey & Tangerine
- Scrub Moringa & Jasmine Rice
- Mask Moringa & Honey
- Moisturizer: Moringa & Turmeric

Hibiscus & Galanga Glow Facial

60 min – \$64

A gentle anti-aging facial to refresh and tone dull or tired skin.

Steps:

- Tonic Water Rose
- Milk Cleanser Honey & Tangerine
- Scrub Moringa & Jasmine Rice
- Mask Hibiscus & Galanga
- Moisturizer: Moringa & Turmeric

Beauty Treatments

Foot Scrub Ritual

60 min – \$40

A refreshing and cleansing treatment for tired feet. Includes nail cutting and foot cleaning, followed by a natural scrub and nourishing balm application.

Product Used: Green Tea & Mint Salt Scrub → Soothing Shea Butter with Lemongrass & Mint Cream

Ingredients: Green tea, mint, Kampot sea salt, lemongrass, mint, shea butter

Nail Care

- | | |
|-----------------------------|--|
| • Remove Gel
\$10 | • Manicure with Gel & Extensions
\$44 |
| • Manicure
\$18 | • Pedicure
\$22 |
| • Manicure with Gel
\$22 | • Pedicure with Gel
\$28 |

Waxing

- | | |
|-------------------------|-------------------------------|
| • Upper Lip Wax
\$12 | • Bikini Wax
\$24 |
| • Eyebrow Wax
\$12 | • Extended Bikini Wax
\$36 |
| • Underarm Wax
\$24 | • Brazilian Wax
\$42 |
| • Half Arm Wax
\$26 | • Hollywood Wax
\$48 |
| • Full Arm Wax
\$36 | • Chest Wax
\$36 |
| • Half Leg Wax
\$36 | • Back Wax
\$42 |
| • Full Leg Wax
\$48 | |

Spa Packages

Tailor-made experiences to relax, restore, and rejuvenate

Head-to-Toe Glow

3h – \$134 (Standard: \$158)

Full-body exfoliation, relaxation, and glowing skin.

Steps:

- Ginger & Honey Body Scrub – 60 min
- Aromatherapy Massage – 60 min
- Moringa & Honey Radiance Facial – 60 min

Tropical Recovery Ritual

2h 30min – \$108 (Standard: \$128)

Hydrate, tone, and refresh body and feet after heat or travel.

Steps:

- Aloe Vera & Cucumber Wrap – 60 min
- Slimming Massage – 60 min
- Foot Massage – 30 min

Couple’s Harmony (for two)

2h – \$160 / couple (Standard: \$188)

Relax and unwind together in a peaceful couple’s setting.

- Aromatherapy Massage – 60 min each
- Moringa & Lotus Wrap – 60 min each

Khmer Herbal Journey

2h 30min – \$82 (Standard: \$97)

Rooted in Cambodian tradition, perfect for full-body renewal.

- Traditional Khmer Massage – 60 min
- Herbal Compress Massage– 60 min
- Foot Massage – 30 min

Mangrove Serenity Ritual

2h 30min – \$94 (Standard: \$111)

Let go of tension and feel deeply refreshed.

- Moringa & Lotus Wrap – 60 min
- Upper Body Massage – 60 min
- Foot Massage – 30 min